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An Ideal Journey Informed by
Youth Voice:

Creating Youth-Friendly Health Centers

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Women's Fund of Omaha

Adolescent Sexual Health: What's the Landscape?

- Since early 1990s, adolescent pregnancy & birth rates have dropped over 50%, mostly due to increase in contraceptive use.
- Teen pregnancy is at historic low but health disparities exist due to social determinants of health.
- Just over 50% of Nebraska youth have sex in high school (YRBS) with a recent study pointing towards 60% have sex by the time they graduate (A. Holman, Creighton).

While this is promising, greater efforts must address risk factors in a responsive way:

- Youth underestimate risk of pregnancy
- Myths and misinformation about contraception
- Low use of most effective methods (LARC)
- Low use of dual protection
- Condomless sex (43% of high school students did NOT use a condom at last sex)

Adolescent Health Project: Youth Interviews, 2015 Douglas County

In small groups:

1. Read the youth statement.
2. Answer the questions.
3. Select a spokesperson to share highlights.



Youth-Friendly Healthcare: What does it look like?

Rush University (Chicago)

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Youth Friendly Health Centers: What does it feel like?

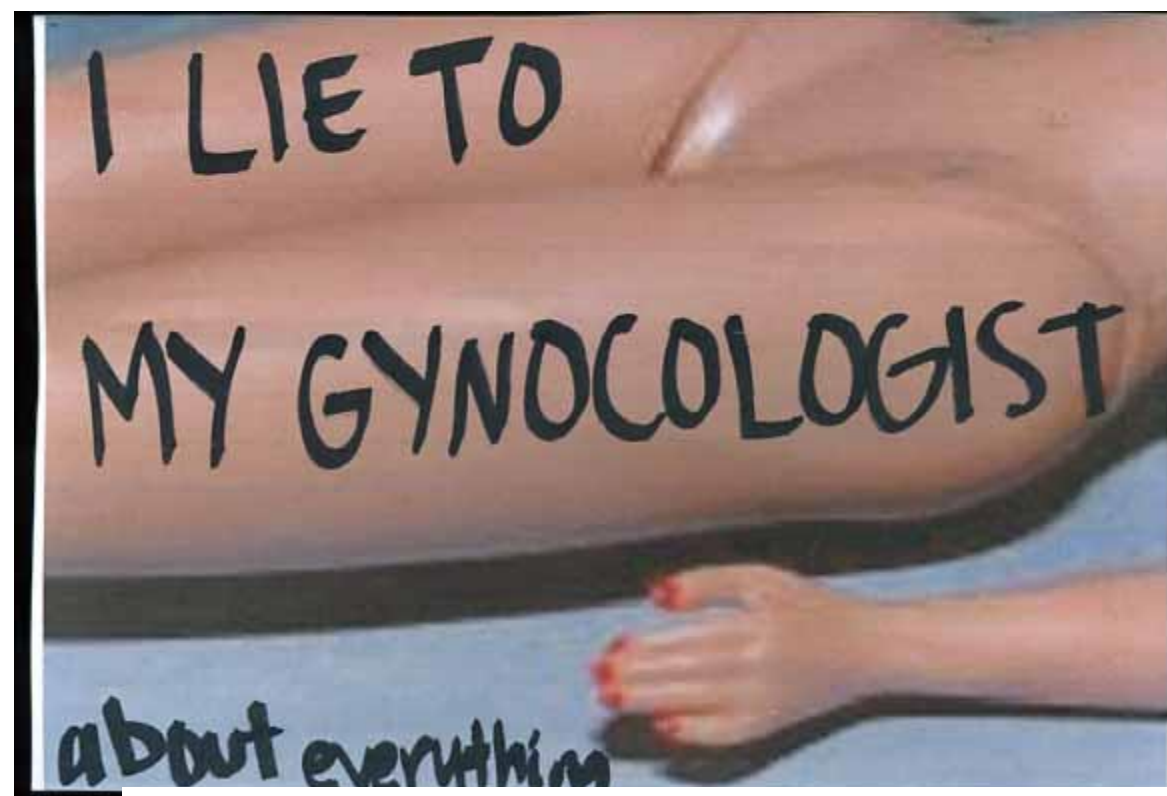


Youth-Friendly Healthcare: What does it sound like??



Free from shame.
Free from stigma.
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Youth Panel



Katie Kingsley
Diana Chavez
Sabrina Maxwell

Youth-Friendly Healthcare: What does it look like?

New York City will use emojis to promote confidential reproductive and sexual health care to youth (July 2016)



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someone about "it"?



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Nobody to talk to?

#NYCYouthHealth



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someone about "it"?



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Juicebox: Bringing honest, reliable sex ed to teen and young adults

<http://www.xojane.com/sex/juicebox-sexual-health-app>

Juicebox Facts

Serving Size: 1 Box (200 mL)

Amount Per Serving

Calories 69

% Daily Value*

Should I Wrap it Up? 🍌 25%

Am I the Only Virgin Here? 🍒 25%

My Ex is the Worst 🍆 25%

So Last Night... 🍑 25%

Sexy 100% 🍊

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polls

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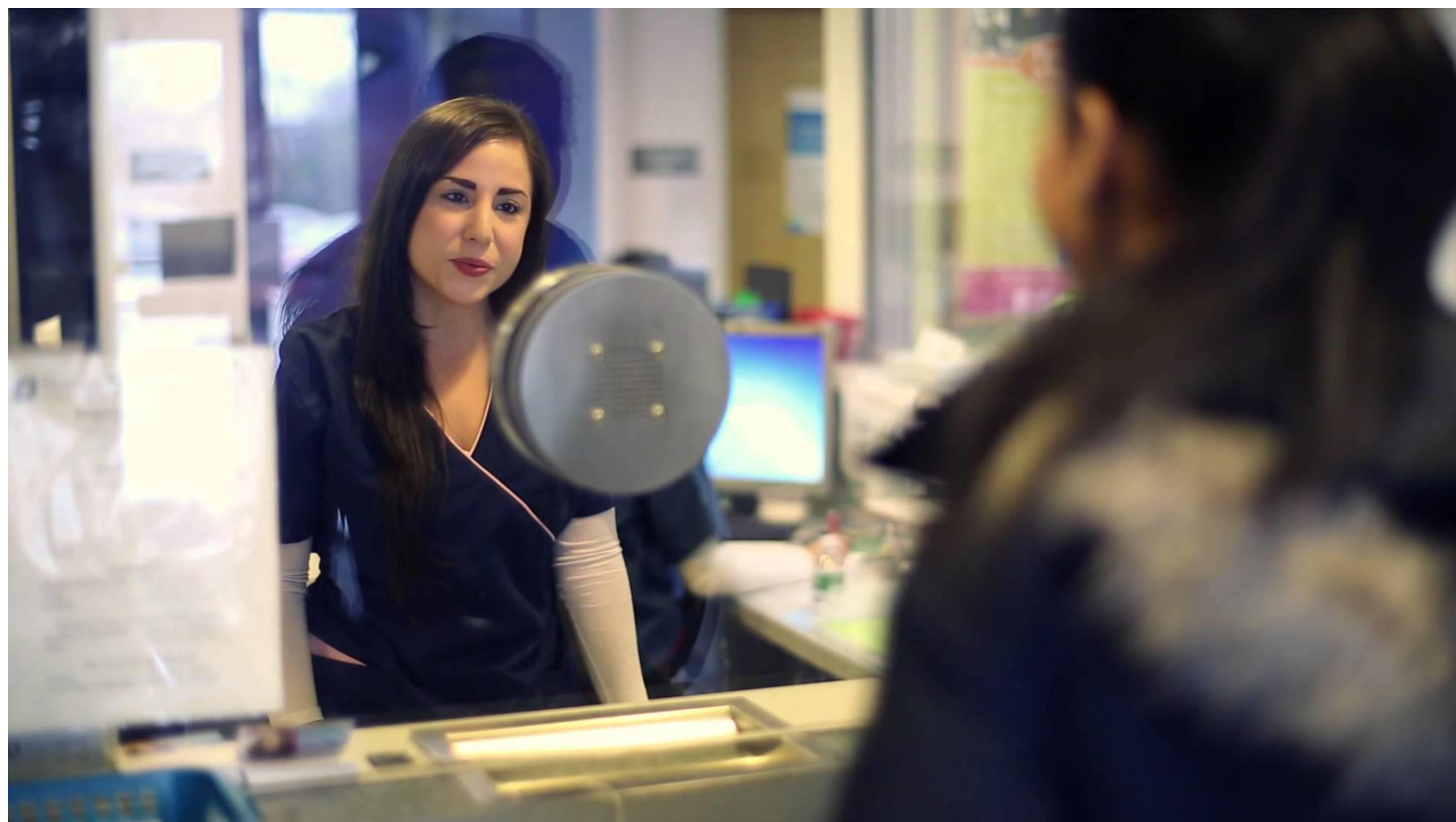
get your
answers

No Matter What You Heard:



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Drawing a Picture: Youth Centered Adolescent Home

